



May 10, 2018

Dear Elected Official,

RE: Representatives Against Hunger

In a country as affluent as Canada, hunger is unacceptable. Yet, more than 860,000 Canadians will visit a food bank for assistance this month alone. Of those, 36% are children or youth. Hunger affects every community, in every riding across the country. We are working to change the statistics on hunger by creating awareness. Awareness is the first step towards alleviating this problem. Action is the second. Creating awareness is an opportunity to remind Canadians that they can make an impact.

For the past 5 years, the Food Banks Canada "Representatives Against Hunger" campaign has asked federal politicians and their staff to fast for a day in solidarity with Canadians experiencing food insecurity. This year, we are expanding the campaign to include all levels of government, and to get more people involved. On May 23rd, we are asking local politicians and staff from all levels of government to help raise awareness of hunger in our community through a variety of activities that include fasting for the day, speaking about hunger on social media, and engaging their elected colleagues in policy discussions to address the root causes of hunger in every community. Here are some ways you can participate:

- Fast from sunrise to sunset to feel what it's like to go an average day without having enough to eat
- Learn about hunger in your community by contacting and/or setting up a visit with our local food bank between the hours of 9am to 3pm, Tuesday thru Friday;
- Talk about your experience and why hunger matters to you on social media;
- And most importantly – talk to your elected colleagues about the importance of implementing long-term policies that will reduce hunger in the future.

Together, we can work to make a difference for the 350 individuals in Taber who turn to our food bank for support each month. By learning about hunger, we can all change the way we think about hunger and activate the changes needed to reduce it. We hope that you will show your support by participating in the fast on May 23<sup>rd</sup>, sharing your thoughts on hunger and speaking about your experience on social media. Please tag any or all of the groups to increase awareness across our community, province and country: #RepsAgainstHunger @foodbankscanada @taberfoodbank

We look forward to hearing your stories and thank-you, in advance, for your support!

A handwritten signature in black ink, appearing to read "Andrea Thomson". The signature is fluid and cursive.

Andrea Thomson

A handwritten signature in black ink, appearing to read "Naomi Wiebe". The signature is cursive and somewhat stylized.

Naomi Wiebe